



# Holy Innocents Kingsbury

*holyinnocentskingsbury.org.uk*

*25th July 2021,*

*Trinity 8 Proper 12, Year B*

*Welcome to Holy Innocents.*

*To use the loop system, switch your hearing aid to 'T'.*

*If you would like someone to be mentioned in the prayers today please ask one of the ministers before the service begins.*

## Readings & Hymns for today

*Stand when the hymn begins.*

## Services Today

10.00am Eucharist with belated farewell to Natasha

## Services this week

Tuesday 10.00am Morning Prayer & coffee

Thursday 10.00am Said Eucharist followed by coffee

Wednesday & Friday 9.15am Morning Prayer (please let Sophie know if you'd like to join her)

## Next Sunday 1st August

**Trinity 9, Proper 13**

10.00am Eucharist

## Next Week's Readings

*Exodus 16: 2-4,9-15; Psalm 78: 23-29;*

*Ephesians 4: 1-16; John 6: 24-35*

## Processional hymn: *Tune Hyfrydol*

- 1 Alleluia, sing to Jesus!  
His the sceptre, his the throne;  
Alleluia, his the triumph,  
His the victory alone:  
Hark, the songs of peaceful Sion  
Thunder like a mighty flood;  
Jesus out of every nation  
Hath redeemed us by his blood.
- 2 Alleluia, not as orphans  
Are we left in sorrow now;  
Alleluia, he is near us,  
Faith believes, nor questions how:  
Though the cloud from sight  
received him,  
When the forty days were o'er,  
Shall our hearts forget his promise,  
'I am with you evermore'?

- 3 Alleluia, bread of angels,  
Thou on earth our food, our stay;  
Alleluia, here the sinful  
Flee to thee from day to day:  
Intercessor, Friend of sinners,  
Earth's Redeemer, plead for me,  
Where the songs of all the sinless  
Sweep across the crystal sea.
- 4 Alleluia, King eternal,  
Thee the Lord of lords we own;  
Alleluia, born of Mary,  
Earth thy footstool, heaven thy  
throne:  
Thou within the veil hast entered,  
Robed in flesh, our great High  
Priest;  
Thou on earth both Priest and  
Victim  
In the eucharistic feast.

*William Chatterton Dix (1837-1898) AM 422*

## COLLECT

Almighty Lord and everlasting God, we beseech you to direct, sanctify and govern both our hearts and bodies in the ways of your laws and the works of your commandments; that through your most mighty protection, both here and ever, we may be preserved in body and soul; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

## OLD TESTAMENT READING

*2 Kings 4: 42–44*

A reading from the second book of Kings.

A man came from Baal-shalishah, bringing food from the first fruits to the man of God: twenty loaves of barley and fresh ears of grain in his sack. Elisha said, 'Give it to the people and let them eat.'<sup>43</sup> But his servant said, 'How can I set this before a hundred people?' So he repeated, 'Give it to the people and let them eat, for thus says the LORD, "They shall eat and have some left."'<sup>44</sup> He set it before them, they ate, and had some left, according to the word of the LORD.

For the word of the Lord

## Thanks be to God

## PSALM 145: 10–19

10 All your works praise you, O Lord, ◆ and your faithful servants bless you.  
11 **They tell of the glory of your kingdom ◆ and speak of your mighty power,**

12 To make known to all peoples your mighty acts ◆ and the glorious splendour of your kingdom.

**13 Your kingdom is an everlasting kingdom; ◆ your dominion endures throughout all ages.**

14 The Lord is sure in all his words ◆ and faithful in all his deeds.

**15 The Lord upholds all those who fall ◆ and lifts up all those who are bowed down.**

16 The eyes of all wait upon you, O Lord, ◆ and you give them their food in due season.

**17 You open wide your hand ◆ and fill all things living with plenty.**

18 The Lord is righteous in all his ways ◆ and loving in all his works.

**19 The Lord is near to those who call upon him, to all who call upon him faithfully.**

## NEW TESTAMENT READING

*Ephesians 3: 14–21*

A reading from the letter of Paul to the Ephesians.

For this reason I bow my knees before the Father,<sup>15</sup> from whom every family in heaven and on earth takes its name.<sup>16</sup> I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit,<sup>17</sup> and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love.<sup>18</sup> I pray that you may have the power to comprehend, with all the saints, what is the breadth and

length and height and depth,<sup>19</sup> and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

<sup>20</sup>Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine,<sup>21</sup> to him be glory in the church and in Christ Jesus to all generations, for ever and ever. Amen.

For the word of the Lord

**Thanks be to God**

### **GOSPEL READING**

*John 6: 1-21*

The Lord be with you

**And also with you**

Hear the gospel of our Lord Jesus Christ according to John.

**Glory to you O Lord**

After this Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias.<sup>2</sup> A large crowd kept following him, because they saw the signs that he was doing for the sick.<sup>3</sup> Jesus went up the mountain and sat down there with his disciples.<sup>4</sup> Now the Passover, the festival of the Jews, was near.<sup>5</sup> When he looked up and saw a large crowd coming towards him, Jesus said to Philip, 'Where are we to buy bread for these people to eat?'<sup>6</sup> He said this to test him, for he himself knew what he was going to do.<sup>7</sup> Philip answered him, 'Six months' wages would not buy enough bread for each of them to get a little.'<sup>8</sup> One of his

disciples, Andrew, Simon Peter's brother, said to him,<sup>9</sup> 'There is a boy here who has five barley loaves and two fish. But what are they among so many people?'<sup>10</sup> Jesus said, 'Make the people sit down.' Now there was a great deal of grass in the place; so they sat down, about five thousand in all.<sup>11</sup> Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted.<sup>12</sup> When they were satisfied, he told his disciples, 'Gather up the fragments left over, so that nothing may be lost.'<sup>13</sup> So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets.<sup>14</sup> When the people saw the sign that he had done, they began to say, 'This is indeed the prophet who is to come into the world.'

<sup>15</sup>When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

<sup>16</sup>When evening came, his disciples went down to the lake,<sup>17</sup> got into a boat, and started across the lake to Capernaum. It was now dark, and Jesus had not yet come to them.<sup>18</sup> The lake became rough because a strong wind was blowing.<sup>19</sup> When they had rowed about three or four miles, they saw Jesus walking on the lake and coming near the boat, and they were terrified.<sup>20</sup> But he said to them, 'It is I; do not be afraid.'<sup>21</sup> Then they wanted to

take him into the boat, and immediately the boat reached the land towards which they were going.

This is the gospel of the Lord.

**Praise to you, O Christ.**

**Offertory Hymn: *Tune Sussex***

**1 Father, hear the prayer we offer:  
Not for ease that prayer shall be,  
But for strength that we may ever  
Live our lives courageously.**

**2 Not for ever in green pastures  
Do we ask our way to be;  
But the steep and rugged pathway  
May we tread rejoicingly.**

**3 Not for ever by still waters  
Would we idly rest and stay;  
But would smite the living  
fountains  
From the rocks along our way.**

**4 Be our strength in hours of  
weakness,  
In our wanderings be our guide;  
Through endeavour, failure,  
danger,  
Father, be thou at our side.**

*Love Maria Willis (1824-1908)  
AM 629*

**POST COMMUNION PRAYER**

Strengthen for service, Lord, the hands that have taken holy things; may the ears which have heard your word be deaf to clamour and dispute; may the tongues which have sung your praise be free from deceit; may the eyes which have seen the tokens of your love shine with the light of hope; and may the bodies which have been fed with your body be refreshed with the fullness of your life; glory to you for ever. **Amen**

**Recessional Hymn: *Tune Duke Street***

**1 Forth in the peace of Christ we go;  
Christ to the world with joy we bring;  
Christ in our minds, Christ on our lips,  
Christ in our hearts, the world's true  
king.**

**2 King of our hearts, Christ reigns in us;  
Kingship with him his servants gain;  
With Christ, the Servant-Lord of all,  
Christ's world we serve to share  
Christ's reign.**

**3 Priests of the world, Christ sends us  
forth  
This world of time to consecrate,  
Our world of sin by grace to heal,  
Christ's world in Christ to re-create.**

**4 Prophets of Christ, we hear his word:  
He claims our minds, to search his  
ways;  
He claims our lips, to speak his truth;  
He claims our hearts, to sing his  
praise.**

**5 We are his Church, he makes us one:  
 Here is one hearth for all to find;  
 Here is one flock, one Shepherd-  
 King;  
 Here is one faith, one heart, one  
 mind.**

*James Quinn, SJ ( 1919-2010)  
 AM 475  
 CL 424001 dated 25.07.2021*

**Notices**

*Diary of upcoming events: for details see notices below or notices in church.*

Day	Date	Time	Event	Place
Sun	1 Aug	12.00pm	Monthly Lunch	<i>The Preston</i>
Sun	8 Aug	11.15am	Traidcraft	<i>Church</i>

**How Church will be after 19<sup>th</sup> July** following the updated Church of England guidance due to the Government’s relaxation of COVID restrictions:

**Entry:** We will continue to ask everyone to register as you come to church and encourage the use of hand sanitiser. However, we will no longer need to enter and exit by specific doors.

**Masks:** Following the government advice masks are not compulsory but they are “expected and recommended”. Please do feel encouraged to wear a mask if you want to.

**Distancing:** We will remove the ribbons from most of the pews. However, we will leave the ribbons on the back pews for those who might still like some more space. We are all reacting differently to the lifting of restrictions; some of us feel comfortable shaking hands and being close but others will want to keep 2m distance from each other.

**Congregational Singing:** We will be singing hymns and the Gloria but will continue to say the Psalm.

**Collection:** We will be passing the collection plates around during the Offertory hymn. Please do give what you can.

**Common Cup:** Given the continued potential risks to health, we will not reintroduce the common cup at this point. We will therefore continue with communion in one kind and distribution by the chancel steps as we have been.

**Tea and Coffee:** This is beginning again – please do spread outside though when you can.

Please do chat with me if you have any concerns or comments about any of these steps.

With love & prayers  
 Sophie

**Berry's Bakery** is back on 7<sup>th</sup> August, more info coming soon.

**Sunday Lunch** at the Preston on 1<sup>st</sup> August. If interested, please let Angela; Pat B or Carl know.

**Readings for Morning Prayer** Exodus 33: 7–11, 34: 5–9, 28; Psalm 103: 8–12; Matthew 13: 36–43

**Readings for Thursday Eucharist** Exodus 40: 16–21, 34–end; Psalm 84: 1–6; Matthew 13: 47–53

### **For your prayers**

**The sick & those recovering from surgery:** Coral; Robin; Dennis; Cynthia; Ann; Phyllis B; Dorothy; Desmond; Keith.

**Others in need of prayer:** Jackie; Bobbie; Paul; Zoe; Adam; Sarah; Rebecca; Tia; John. The family and friends of Sarah Lax mourning her passing.

**Anniversary of death:** Eugene Kirkaldy; Franklin Dyer; Lilian Robertson; Doris Abbott; Kathleen Gale; Robert Rogers; Rose Pacey; Jennifer Cox; John Keily; Henry Lovatt; Marjorie Phillips.

### ***Contact Details***

[www.holyinnocentskingsbury.org.uk](http://www.holyinnocentskingsbury.org.uk)

*Find us on facebook & twitter via our website*

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